



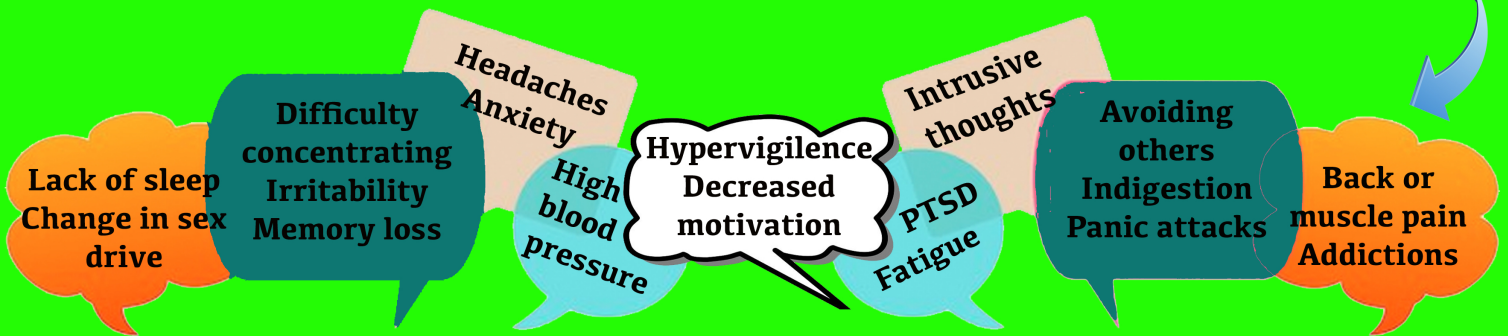
CALL TO DUTY



We each drive a tractor trailer that hauls around all of the disturbing events we encounter. Some events take up more space than others. Our gauges tell us when we are getting overloaded.



Our Symptoms are our Gauges



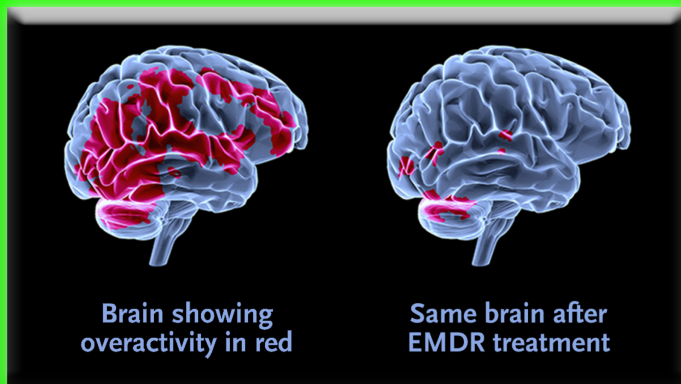
What do I do when my gauges are going off?

Trauma Reactions are Treatable.

PEER SUPPORT & PROFESSIONAL HELP ARE AVAILABLE



EMDR therapy focuses directly on the traumatic memory and is intended to change the way the memory is stored in the brain, thus reducing and eliminating the problematic symptoms.



Peer Group Members	
M Bagley	479-366-9850
D Carr	479-283-3381
M Chacanaca	479-595-1660
Z Crabbe	479-466-2216
B Gadberry	479-263-6937
S Gaston	479-387-1821
C Hampton	479-263-6737
Z Hollowell	479-841-9811
C Keller	479-409-9439
J Kidd	479-871-9382
S Lewis	479-841-7028
J Little	479-236-3218
N McGaugh	479-871-9486
T Pearson	479-263-3210
R Valdez	479-903-4335
Chaplain	
C Walden	479-530-5054